



**STOCKTON**  
DERMATOLOGY



Toni Stockton M.D.

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**A Monthly Insight into Current Dermatology Issues and Trends**

# skin 101

## Laser Therapy for Psoriasis

*Concentrated, efficient treatment of psoriasis is now available with the XTRAC® laser made by PhotoMedex*

Psoriasis is a genetic skin disease caused by an irregularity in the immune system. Normally, the body produces new skin cells that rise to the surface and slough off each month, but for patient's who suffer from psoriasis, the skin cells rise to the surface every three to four days and never shed. Instead, the skin cells pile up and form lesions.

Many people see psoriasis as a hindrance to their every-day activi-

ties because the disease is often painful and difficult to take care of.

Fortunately, psoriasis can be treated with the new XTRAC® laser therapy, made by PhotoMedex. In addition, there are topical skin care products that can help. Epionce® is a product that our office carries that is good for the areas where tenderness and itching are prominent.

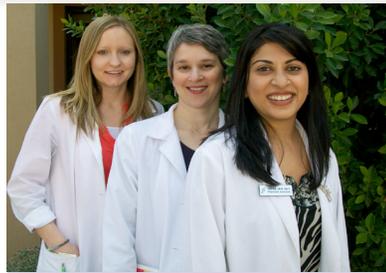
## Did you know?

Psoriasis is not contagious

As many as 7.5 million people are affected by psoriasis in the U.S.

Normally, people suffer from their first outbreak between the ages of 15 and 35, but the disease can appear at any age

Psoriasis is a genetic disease caused by an irregularity in the body's immune system



Maggie Stark Laura Devlin Reena Jain  
The Stockton Dermatology providers offer honest answers and advanced solutions. Services are available with our six providers: Dr. Toni C. Stockton M.D. F.A.A.D., Reena Jain, PA-C, Maggie Stark, PA-C, Laura Devlin, NP-C, Jodi Stephens, R.N. and Laurie Evans, L.E. C.M.L.T.

Psoriasis is a chronic autoimmune disease that affects approximately 7.5 million people in the U.S. Unfortunately, there is not a cure for the disease, but there are treatment options that can help reduce the side effects of this disorder.

Traditionally, physicians prescribed topical creams, injections or light therapy to reduce inflammation of the disease. More recently, however, with the advent of advanced laser therapy, patients suffering from psoriasis have been able to receive more efficient treatment of their lesions and in a shorter amount of time with XTRAC®.

After only a few, pain-free treatments with the XTRAC® laser, many patients

see reduction in their psoriasis plaques and experience significant improvement in the overall itching and flaking of the sites.

Toni C. Stockton, M.D. of Stockton Dermatology states that her patients are getting positive results with the XTRAC® laser.

'I am happy to see reduction of our patients' lesions,' she said. 'There are definite signs of improvement.'

**April Promotion: Receive 15% off any single Epionce® skin care product**

*\*Offer good 4-1-10 through 4-30-10 only*