



STOCKTON
DERMATOLOGY



Dr. Toni Stockton

in this issue >>>

*Rosacea: Causes and Treatment
Products that Help Rosacea
February In-Office Promotion
Did You Know Facts*



A Monthly Insight into Current Dermatology Issues and Trends

skin 101

Effective Treatment of Rosacea

As millions of Americans continue to suffer from Rosacea, proper treatment of the chronic skin disorder remains fundamental.

Rosacea is a skin condition that affects approximately 14 million people in the United States. The symptoms of Rosacea include redness, flushing, visible facial vessels and acne-like eruptions.

Common triggers of Rosacea include excessive sun exposure, spicy foods, caffeine, soy, alcohol consumption, stress, heat and wind.

In the past, only topical medications and lifestyle changes were used to control the symptoms of Rosacea. Today, most dermatologists and plastic surgeons prefer to use Intense Pulse Light (IPL) photo facials for clearance of unsightly vessels and embarrassing flushing. IPL

works by targeting blood vessels beneath the surface of the skin, which diffuses excessive facial redness and ruddy complexions. Typically, 3 to 5 treatments are needed. Each treatment is gentle and effective, with no downtime after the procedure.

Call to schedule your consultation with Jodi Stephens, R.N. or Laurie Evans, Certified Aesthetician and Laser Technician.

February In-Office Promotion:
Purchase a 2-month Supply of Latisse® & Receive a 3rd Month Free *while supplies last

The providers at Stockton Dermatology understand the need for effective treatment in addition to prescribed medication, as millions of Americans continue to suffer from Rosacea. In addition, Stockton Dermatology encourages all patients both recurring and new, to ask about products and services that might be helpful in treating their specific skin conditions.

Services that the practice offers include non-laser light therapy known as In-

tense Pulse Light. Some of the skin care products offered that may be helpful to those with Rosacea include:



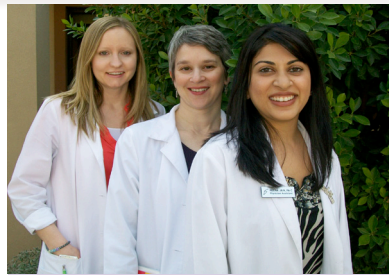
Did you know?

Many common foods and products can trigger Rosacea flares.

Rosacea most commonly occurs in adults between the ages of 30 to 60-years old.

Effective treatment can reduce the symptoms and severity of Rosacea.

Many skin care products and topical ointments aid in the treatment of Rosacea and its symptoms



Maggie Stark Laura Devlin Reena Jain
The Stockton Dermatology providers offer honest answers and advanced solutions. Medical services are available with our six providers: Dr. Toni C. Stockton M.D. F.A.A.D., Reena Jain, PA-C, Maggie Stark, PA-C, Laura Devlin, NP-C, Jodi Stephens, R.N. and Laurie Evans, L.E. C.M.L.T.